



## Supporting your child's emotional needs

This programme aims to empower parents/carers with the knowledge, tools, and confidence to support their **primary aged** child's emotional well-being and development.

Each session blends theory with practical activities, discussions, and take-home strategies.

**Wednesdays for 3 weeks 6/5/26 to 20/5/26**  
**4pm – 5.30pm**

### How to book

We use Eventbrite for all our bookings.

**Parent Power – HCS & NWLCS -**

<https://www.eventbrite.co.uk/o/parent-power-hcs-nwlcs-107034234421>

For more information:

Call 0113 3367724

[info@horsforthchildrensservices.co.uk](mailto:info@horsforthchildrensservices.co.uk) or [info@esnorthwest.co.uk](mailto:info@esnorthwest.co.uk)

ALL Courses are based at the Brownlee Stone Centre, Town Street, LS18 5BL (next to Horsforth Library)

