

Physical Education Curriculum Policy Statement

Intent

West End Primary School recognises and values the importance of Physical Education (P.E). PE at West End Primary School aims to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sports and other physically-demanding activities. We do this through fully adhering to the aims of the national curriculum for physical education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

It is our intention to build a curriculum that enables children to develop knowledge, skills and vocabulary in a broad range of sporting activities, as well as developing values and transferrable life skills such as tolerance, fairness and respect. Additionally, an imperative element of the curriculum at West End shows a need for a healthy lifestyle, a balanced diet, positive growth mind-set and the resilience to persevere. We are passionate about the need to teach children how to co-operate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values.

Further explanation of how the school's vision is embedded in all teaching and learning can be found in the teaching and learning policy.

PE CURRICULUM AIMS

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

In Key Stage 1 pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Whilst in Key Stage 2 pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Implementation

The curriculum is mapped from Early Years to Year 6 to ensure progression of skills, vocabulary and knowledge and builds on their foundation stage of learning through Physical Development. Prior and future knowledge and understanding and acquisition of skills drives the sequence of lessons in each unit of study.

The PE curriculum is taught through the use of CompletePE, which is in-line with the National Curriculum, and is used to aid teaching staff in their subject knowledge and planning of PE. Teachers are able to adjust and change lessons to suit the needs of their classes, but the scheme provides a strong basis of what is expected in each year group. Each class in school has access to at least two hours of high-quality physical activity every week, made up of quality teaching of PE, the daily mile and other activities built in throughout the week. At West End we have a partnership with the Leeds Rhinos Foundation to support and help run PE sessions. Through the use of coaches, fun and innovative sessions are run that also offer staff the chance to upskill their own practice. We regularly access high quality targeted CPD for our staff through the Leeds Well Schools Partnership.

Through each lesson the children are given opportunities to practise skills in a variety of ways with each lesson building upon the previous skills, allowing them time to embed it. Different skills are recapped throughout, and across, the years, each time being built upon; allowing children to know more and remember more. Our Year 3 pupils receive weekly swimming lessons with the aim that by the end of the year all children are able to swim a minimum of 25m unassisted as well as having a good understanding and practical knowledge of water safety. Throughout all lessons we develop the skills of teamwork and sportsmanship.

We offer a wide range of sporting after-school clubs run by both school staff and outside agencies; these clubs change, either in type or in the year groups they are offered to, each half term to cater to a range of abilities and preferences. Clubs run most days after school and reflect our local context, drawing on the skills and passions of members of our school community and the facilities local to our children. A range of inter and intra events; festivals, competitions, matches and large scale events run throughout the school year, giving children opportunities to take part in both competitive and friendly sports and activities.

SUBJECT DEVELOPMENT AND MONITORING

Each year a specific action plan will identify an area of subject development which will be implemented by the subject leader. This focus will be monitored through school by lesson observations, learning walks and staff and student surveys. The subject leader will seek, deliver and evaluate CPD to support staff and subject development. Senior leaders and governors will evaluate the impact of action planning on teaching, learning and outcomes. Assessment and feedback is effective in ensuring that our children develop the skills, vocabulary and knowledge needed.

Impact

Our curriculum aims to improve the wellbeing and fitness of all children at West End Primary School; not only through the sporting skills taught, but through the underpinning values and disciplines that PE promotes. We track the progress of pupils by using ongoing assessment, as well as the physical skills the children develop, they are able to articulate their skills, see the advantages of working as a team, use their own skills to further those of other and are able to articulate the benefits of maintaining an active and healthy lifestyle. Through strong links with PHSE we promote the overall well-being and health of each child through teaching about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness. In all classes, children possess a wide range of physical abilities. Whilst recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. Children are eager to attend after school clubs and competitive sports events.